



STATE PROFESSIONAL DEVELOPMENT CENTER

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“Professional is not a label you give to yourself. It is a description you hope others will apply to you” - David Maister

EXPLORING EMOTIONAL INTELLIGENCE

Factual knowledge and how-to-skills are important, but emotional intelligence (EQ), such as flexibility, teamwork, emotional management, communication, conflict, and even enthusiasm have become even more crucial and valuable to the organization. This course is designed to develop EQ for greater performance. Topics in this course will include foundations to EQ and research on how EQ affects organizational productivity. Additional topics will include characteristics of self-awareness, self-management, social-awareness, and social-management for effectiveness.

 [CLICK HERE FOR CURRENT SCHEDULE TO REGISTER](#)

We provide pertinent and challenging education in leadership, management, communications, self-management, and public administrative issues. The State Professional Development Center plays an integral role in the pursuit of productive and engaged employees for the 21st century.

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